



# GUITAR WORKOUT

A cura di Francesco Fareri

Musical notation for the first system of the guitar workout. The notation includes a treble clef, a key signature of one sharp (F#), and a 2/4 time signature. The melody is written in eighth notes. Below the staff are four guitar strings labeled T, A, B, and B. Fingering numbers are provided for each string.

T	14 12 10	10	10 12 14 12 10 12	15 14 12	12	12 14 15 14 12 14
A	14 12 11 12 14	14 12 11 12 14		16 14 12 14 16	16 14 12 14 16	
B						

Musical notation for the second system of the guitar workout. The notation includes a treble clef, a key signature of one sharp (F#), and a 2/4 time signature. The melody is written in eighth notes. Below the staff are four guitar strings labeled T, A, B, and B. Fingering numbers are provided for each string.

T	17 15 14	14	14 15 17 15 14 15			
A	17 16 14 16 17	17 16 14 16 17				
B						